

# the inside track

April & May 2005

A PUBLICATION OF THE FORT WAYNE TRACK CLUB



## What's Next On Your List?

### *To Do - Fort Wayne Track Club Points Series*

- ✓ Fanny Freezer 5K (February 19)
- ✓ Nutri-Run 20K & 5 Mile (March 19)
- Mastodon Stomp 5K (April 2)
- TRRC 12K (May 28)
- Zoo Run (July 4)
- Runners on Parade 5K (July 9)
- Matthew 25 10K (July 16)
- Harlan Days 10K (August 6)
- Kernel Klassic 5K (August 13)
- Dupont 5K (September 17)
- Parlor City ½ Marathon & 10K (September 24)
- FWO Spineway 5K (October 1)
- Canterbury 5K (October 8)
- River City Rat Race 10K (October 29)
- Turkey Trot 5K (October 19)
- Just Plain 10K (December 3)

### *Inside This Issue*

*Banquet News - Upcoming Events - Race Results - Race Calendar - And more...*

*Visit Our Web Site At [www.fwtc.org](http://www.fwtc.org)*

# Attention Track Club Members

Please notify Don Lindley when you change your address. The post office will not forward the Inside Track even if you have notified the post office of the change. It is costing the FWTC for additional postage and for printing extras when newsletters have to be mailed again.

Notify Don Lindley at:  
[lindleyd@infionline.net](mailto:lindleyd@infionline.net), or  
(260) 432-5998 or (260) 436-2234, or  
FWTC  
P.O. Box 11703  
Fort Wayne, IN 46860-1703

## Advertising Rates

	1 Issue	3 Issues	6 Issues
Full Page	\$75.00	\$200.00	\$325.00
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Inside Cover (front or back)	\$300.00	\$750.00	\$1200.00

Full page race application inserts (includes printing results in the newsletter) 10 x entry fee if paid in advance, otherwise 12 x entry fee. Minimum \$35.00.

*Inside Track publishes 450 issues bi-monthly*

## ATTENTION CLUB MEMBERS

Has your membership expired?

There's a membership renewal form in this newsletter, please renew your subscription as soon as possible to avoid any delay. **Thanks!**

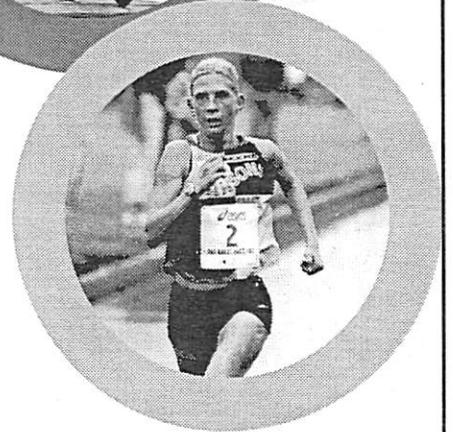


# Great Race



Indiana's  
only race  
with  
**34** events

## XXXV Sports Festival May 28, 29 & 30



**Experience** Elkhart County's gentle, rolling Amish farm countryside, historical homes and barns. Enjoy accommodations at gracious bed and breakfast inns and enjoy real Amish cooking.

**Saturday, May 28, 2005**

Jim Ryun Mile / One Mile Swim / Indoor Rowing - Elkhart YMCA  
Red Hacker Basketball Tournament

**Sunday, May 29, 2005**

**New** - 10K In-Line Skate "Criterium" (downtown Elkhart)  
Bike/USCF Criterium (downtown Elkhart)  
9 Mile "**New Course**" Canoe/Kayak Marathon/Sprints

**Monday, May 30, 2005**

**New Route** - 1/2 Marathon Run and In-Line Skate 1/2 Marathon too!

**New Route** - Bike/USCF Bristol, IN (5 categories) CASH!

**10K Events:** Run / Power Walk / Hand Cycle/Wheelchair

**5K Events:** Run / Power Walk / Fun Walk

**25K & 50K** Citizens Bike Race (Cash!) Goshen

[www.thegreatrace.net](http://www.thegreatrace.net)



**For entry or information:** Great Race, Inc. / P.O. Box 682 / Elkhart, IN 46515

574-296-5890 (24hr hotline) 800-585-5416 (weekdays, 9am-4pm est)

Ron Schmanske, Administrator/Coordinator



# Get A Taste For Nutrition

By Judy Tillapaugh, RD

March is National Nutrition Month (NNM). It is a nutrition education and information campaign sponsored by the American Dietetic Association. This year the campaign is designed to focus attention on the importance of making informed food choices and selecting sound eating and physical activity habits. Test your food and nutrition knowledge by answering the NNM questions below. For more information go to [www.eatright.org](http://www.eatright.org)

1. According to consumer research, what is the #1 reason why consumers buy one food over another?  
A. Packaging B. Preparation Time C. Taste D. Cost
2. In addition to walnuts, which of the following is rich in omega 3 fatty acids?  
A. Peanuts B. Flaxseed C. Apple D. Broccoli
3. Just 30 minutes a day of physical activity most days of the week can help prevent and control Type 2 diabetes?  
True or False.
4. Americans tend to underestimate the amount of food they eat by what amount?  
A. 25% B. 40% C. 50% D. 75%

Answers:

1. **The answer is C.** Taste is actually a bigger nutrition issue than we realize. The foods we enjoy are likely the ones we eat often. Consider seasoning foods with salt free, low calorie options like fruits, vegetables, herbs, and spices.
2. **The answer is B.** Flaxseed and flaxseed oil are very rich in heart healthy omega 3 fatty acids. Add milled flax seed to salads, cereals, smoothies, juices, or yogurt.
3. **The answer is TRUE.** Enjoy activity as part of your daily routine. Start with 10 to 15 minutes a day at a comfortable pace.
4. **The answer is C.** Most people have no idea what a sensible serving is. Today's super sizing trend promotes "eat until stuffed." Let's change this trend, prevent extra weight gain. Go easy on portions!

To learn more about nutrition, fitness, and total wellness, consider going to the "2005 Dietary Guidelines," executive summary, key recommendations, and consumer brochure, "Finding Your Way to a Healthier You," are available free at [www.healthierus.gov/dietaryguidelines](http://www.healthierus.gov/dietaryguidelines).

# Area Running Groups

**Saturdays:**

**YMCA Downtown - 7AM**

Usually 8-12 miles with 10-30 people - All levels welcome  
\*If you are training for a fall marathon, you should be able to find a running partner here.

Contact: Steve Hilker - shilker@pleez.net

**PR Training – Johnny Appleseed Park - 8:30 AM**

Every Saturday up until May to train for the Indianapolis Mini Marathon. This is open to any runner or walker. We will have a timed 10 mile goal run on April 23<sup>rd</sup>. Call Tammy Behrens at 625-3830 or email behrens@infionline.net for more information.

**TNT – Team in Training Johnny Appleseed Park - 8AM**

Mike Else is the run/walk coach for Team in Training. 95% of spring runners are beginners. They welcome any level of runner whether they are training for a race or not.

**During the Week:**

**ETG Training Group**

Eric Ade and Casey Shafer train together with a group during the week and are open to others, both male and female of all ages joining them.

**M-F at 10:00AM and/or M-F 5:00-5:15 PM**

They run at different locations. For more information contact:

Eric Ade 602-5410 erica@waterfield.com

Casey Shafer 402-2514 ghanishrunner@hotmail.com

**PR Training**

Tammy Behrens is teaching a **Tuesday and Thursday** class for runners and walkers to train for the Indianapolis Mini Marathon. Call 625-3830 or email behrens@infionline.net for more information.

**Team Bird**

RunIndiana.com will have the Team Bird training schedule on it. It is updated on a regular basis. You could also call Gary Bird (244-4408) with any questions.

**YWCA - Wells St.**

Meet in Main lobby

**Monday: 5:30AM (4 miles), Tues.: 5:30AM (4-8 miles),**

**Wed.: 5:30AM (4 miles), Fri.: 5:30AM (9 miles)**

Call member services desk in morning if any questions. 424-4908

**Beyond the Finish Run Club.**

Matter Park in Marion.

**Tuesday: 5 PM and Saturday: 9 AM winter and 8 AM summer.** Connie Gamble (765) 384-7109

# **FWTC Board Minutes**

## **January 12, 2005**

Members Present: President Mike Fruchey, Vice-President Barrie Peterson, Treasurer Don Lindley, Stephen Hilker, Judy White, Judy Tillapaugh, Lynn Bobay, Jed Pearson, Tom Landis, Mitch Harper, Don Anderson, and Bill Harris

The meeting was called to order at 7:05 p.m. FST (Fruchey Standard Time).

An opening prayer was offered by Don Lindley, which included a special prayer for former member, Craig Miller, who passed away on December 21.

Barrie Peterson presented the minutes of the January meeting which were amended to indicate that the present officers would serve a two-year term (2005-2006). Mitch Harper that the minutes be accepted as amended with a second by Don Anderson. The minutes were then unanimously approved.

President Mike informed us that a more comprehensive treasurer's report would be given only quarterly from now on. Don Lindley then gave just a brief synopsis of the current treasurer's report with a full report due at the April meeting.

President Mike indicated that the officers had met and determined that no new bylaw changes were needed at the present time. Hopefully by the February meeting we will have an update as to who our current board members are. We are in the process of eliminating those who no longer have an interest in serving on the board with the goal of having a smaller and more workable board of maybe 12-15 members.

President Mike also informed the board that any Inside Track submissions should be made to Ann and Race Calendar updates, etc., should be made to Don.

Judy Tillapaugh indicated that Amy Stephan was still interested in keeping her duties with marketing and promotion for the club. Barrie Peterson suggested that this might end up being a committee headed up by Amy.

Judy Tillapaugh reminded us of the upcoming Fanny Freezer Race to be held at Shoaff Part on Saturday, February 19, at 2:00 p.m. Please respond to Judy if you would like to help with this race.

Judy White and Judy Tillapaugh said that plans for the FWTC Banquet were progressing quite well. The banquet is scheduled for Sunday, February 20, at 5:00 p.m. at Walb Student Union. Flyers will be mailed out shortly.

President Mike gave his vision for FWTC community outreach. He suggested that we strongly support any and all youth movements involving running in our community (USATF Meet, Phil Suelzer's Middle School Mile Races, high school cross country, etc.). He indicated that he would really

like to improve our outreach to the immediate post-collegiate runners who still want to remain competitive.

Mike also would like to see committees set up as follows: Youth Committee, Race Director Committee, Marketing and Promotion Committee, etc.

Mike then informed the board that the next major building project at IPFW will be a Wellness Center which will include an indoor competitive 200 meter track. There is also a local donor who is willing to help financially with this project. We certainly want to support and encourage this project in any way that we can.

Stephen Hilker announced that the River City Rat Race date has been changed to the last Saturday in October (which will be Oct. 29 this year).

Tom Landis asked for help with putting together the monetary and other awards for our points race winners. Don Lindley volunteered to get together with Tom and have everything ready for our banquet in February.

Don Lindley announced that he will have the 2005 budget ready for our study and approval at the February Board Meeting.

Stephen Hilker volunteered to get in touch with Melissa Hawk of the Allen County Bar Association, as they are interested in possibly hosting a road race (run/walk) to support some local charity.

Barrie Peterson gave a sincere "thank you" from the board to Judy Tillapaugh and her slate of officers for a job well done over the past two years. This is sometimes a thankless job, but it is much appreciated; and it was done in typical class Tillapaugh fashion!!

The meeting was adjourned at 8:20 p.m. with a reminder of the officers meeting on Sunday, January 30, at 3:00 p.m. at Pine Valley Pizza Hut.

The next Board Meeting will be held on Wednesday, February 9, at 7:00 p.m. in the Royal Dons Room at IPFW.

## **FWTC Singlets Available at Three Rivers Running Co.**

Show your colors! Singlets bearing the logo of the Fort Wayne Track Club are available at the Three Rivers Running Company at 6312 Covington Road in Fort Wayne. The singlets are just \$15, and FWTC members receive a 10% on all purchases at Three Rivers Running Company.

The store is open every day. Store hours and other information are available on-line at [www.3riversrunning.com](http://www.3riversrunning.com). or call them at (260) 459-3668.

# **FWTC Board Minutes**

**February 9, 2005**

Excused member: Bill Harris. Members present: President Mike Fruchey, Vice President Barrie Peterson, Treasurer Don Lindley, Secretary Ann Mize, J.P. Jones, Phil Suelzer, Judy White, Judy Tillapaugh, Steve Hilker Bill Sohaski, Tammy Behrens, Mac McAvoy, Mitch Harper, Bill and Marsha Schmidt.

The meeting was called to order by President Mike at 7:01 p.m.

Don Lindley offered an opening prayer

The January minutes were approved by a motion from Barrie Peterson and a second by Mac McAvoy.

Don Lindley gave the membership report. We have 332 FWTC members that have renewed to date.

President Mike said the 2005-2007 board was almost complete. In addition to the current FWTC coordinators, four new coordinators have been added. They are Amy Stephan-Marketing & Promotions. Tom Landis - Point Race coordinator. Phil Suelzer - Youth coordinator. Steve Hilker - Race Director coordinator. Steve made mention that all Race Directors are better able to talk about their upcoming races at the board meetings, than he, but if they are unable to attend the meeting they can call him and he will fill in for them.

Judy Tillapaugh reported Anne Duff is not able to help with the Inside Track at this time. All submissions should go to Chuck Zumbrun. Any Race Calendar updates will go to Don Lindley.

Judy also reminded us of the upcoming Fanny Freezer 5 k on February 19<sup>th</sup>.

Judy White talked about the FWTC banquet. To date, 110 are signed up.

President Mike talked further about an outreach program to our running community. We defined post-collegiate runners as up to 5 years out of college still wanting to be competitive. There are lots of avenues to help. Some ideas are covering entry fees, or organizing group events. Mike asked if any one had an interest in hosting an out of town race to let the board know. Phil Suelzer said he would like to host a group, as well as President Mike could do a summer event. A spin off benefit would be getting younger runners to join the FWTC. Don Lindley was asked if he could give us a breakdown of the ages of our membership. He responded he could. The board agreed to table this until the April meeting.

Don Lindley passed out the proposed 2005 budget. It will be on the agenda for the March meeting

Judy Tillapaugh reported on the Nutri Run. It has a new start time at 1:00 p.m. March 19, 2005. Race contacts are Jeff and Bev Metzger.

President Mike brought up the National City Bank Children's Festival held at IPFW. It is a great fun event for kids. This years date is April 23<sup>rd</sup>.

Phil Suelzer and Darla Davis are again going to put on a track meet for grades 3, 4, and 5. It will be sometime the end of May. This could be part of the outreach vision if the FWTC would like to get involved. Barrie was going to look into using the Northrop track.

Don Lindley mentioned there is a Joyce Hockensmith \$350.00 scholarship fund available to help fund some events.

Two races were brought to our attention as benefits for good causes. It was agreed to place them in the race calendar and do what we can to support them.

President Mike talked about a proposed student services building at IPFW. It would include a 200-meter track. We need to see if it is authorized by our lawmakers. Mac McAvoy asked if Mike could find out who we would E-mail to show our support.

The meeting was adjourned at 8:07 p.m.

The officers meeting will be on Sunday February 27<sup>th</sup> 3 p.m. at the Pine Valley Pizza Hut.

The next Board Meeting will be on Wednesday, March 9, at 7:00 p.m. in the Royal Dons Room at IPFW.

## **The Inside Track Would Like To Hear From YOU!**

Have you been to a race or other event outside of the area? Send The Inside Track the information about the event; your finishing time, other FWTC members attending, pictures, or a story about the event and we'll include in the newsletter.

The Inside Track is published every other month with the following deadlines:

May 20 - June/July issue

July 22 - August/September issue

September 23 - October/November issue

November 18 - December/January issue.

## 2005 FWTC Banquet

The annual Ft. Wayne Track Club banquet was held February 20<sup>th</sup> at IPFW with over 160 people in attendance. Track club members and their families enjoyed a delicious dinner and an evening of fellowship. This may be the only opportunity club members have to socialize wearing something other than their sweaty running clothes!

Barrie Peterson did a superb job of hosting the evening and started by introducing the newly elected executive officers: Mike Fruchey- president, Barrie Peterson- V.P., Don Lindley- treasurer, and Anne Mize- secretary. He thanked the outgoing officers for their past two years of service, especially Judy Tillapaugh who served as president.

The Outstanding High School Runner awards were presented to this area's top male and female cross-country runners. The FWTC feels it is important to recognize these local athletes for their outstanding accomplishments. Congratulations to Adele Mitchell of Concordia and Nick Johnson of Huntington North! Thank you to their coaches for sharing their personal experiences of working with these incredible runners.

The FWTC Points Awards were presented to club members. Congratulations to the following winners: Overall female- 1<sup>st</sup> place- Linda Keuneke, 2<sup>nd</sup> place- Diana Schowe, 3<sup>rd</sup> place- Kylee Keuneke. Overall female masters- Sheryle Braaten, Overall grand masters- Helen Ryan, Ironwoman- Sheryle Braaten & Betty Greider. Overall male- 1<sup>st</sup> place- Brad

Altevogt, 2<sup>nd</sup> place- Casey Shafer, 3<sup>rd</sup> place- Brad Thomas. Overall male masters- Mark Furkis, Overall grand masters- Phil Suelzer, Ironman Award- 1<sup>st</sup> place- Ken Disler, 2<sup>nd</sup> place- Anthony Juliano, 3<sup>rd</sup> place- Kerry Blanchette.

Special Awards were presented to the following individuals: Golden Shoe Award- Gary Bird, Spirit Award- Ken Disler, Volunteer of the Year- Tom Landis, and President's Award- Judy White. Congratulations to these four recipients!

The guest speaker this year was Shawn Found. Shawn has a very impressive bio including 2<sup>nd</sup> place in the 5000 at the 1994 NCAA Championships and 4<sup>th</sup> in the 10,000 at the 2000 Olympic Trials. Shawn also placed in the top 10 in the 2001 and 2002 USA Outdoors and was a member of the Army's World Class Athlete Program. Shawn's speech was very inspirational and motivating. He is a humble man whose life story is one of triumph and struggle. He met his wife Jennifer who is also an accomplished runner at a New York Marathon and is currently a student at Concordia Seminary School. We thank Shawn for sharing his personal running journey. He is truly a remarkable athlete and person!

The annual FWTC banquet is a wonderful event where club members can be recognized for their outstanding accomplishments in running and for the volunteer work they perform for the club. It is a time when runners of all ages and abilities can come together to share their common joy of running. It is also an occasion to acknowledge and appreciate the friendships and bonds that are formed with fellow runners.



# THREE RIVERS RUNNING COMPANY

**Fort Wayne Track Club members**—come into Three Rivers Running Company and use your 10% FWTC member discount! We have technical running gear from Asics, Brooks, Mizuno, New Balance, Pearl Izumi, Saucony, SportHill, Hind, Timex, and much more!

Come in to get geared up, chat with staff, and meet your friends for a run. We look forward to seeing you!

Located in Covington Shops  
6312 Covington Rd  
Fort Wayne, IN 46804  
260-459-3668

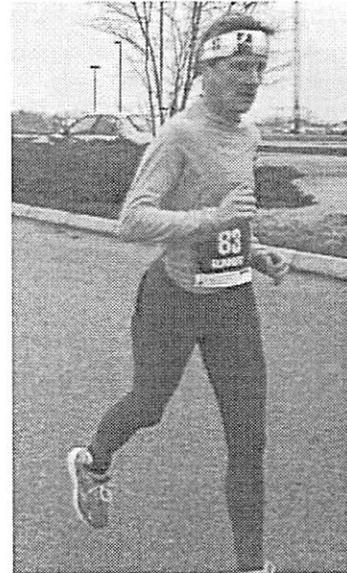
We are the northeast Indiana/northwest  
Ohio region's premier source for the running industry's best technical gear.  
[www.3riversrunning.com](http://www.3riversrunning.com)

## Photos from the 25<sup>th</sup> Annual FWTC Nutri-Run

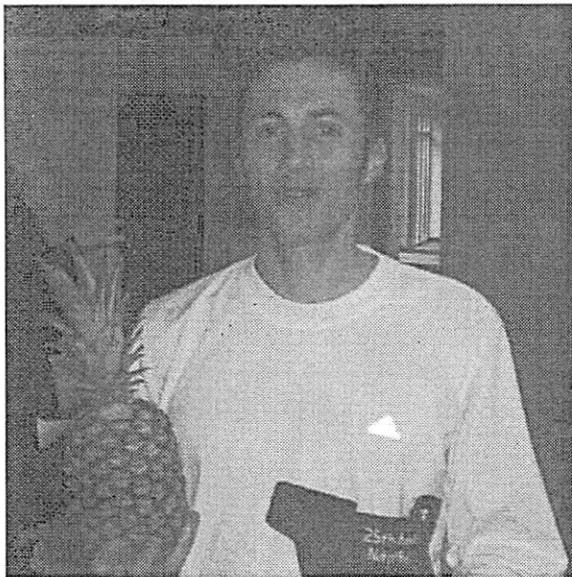
The 25<sup>th</sup> Annual FWTC Nutri-Run 20K and 5 Mile run was held Saturday, March 19<sup>th</sup>. The weather conditions, while threatening earlier in the day, were a mild 50 degrees and cloudy with only light winds. Nate Jones was the overall 20K winner in 1:08:56 while Judy White took top female honors in 1:34:51. Tanner Johnson and Tammy Behrens claimed the top spots in the 5 mile race in 30:39 and 34:48 respectively.



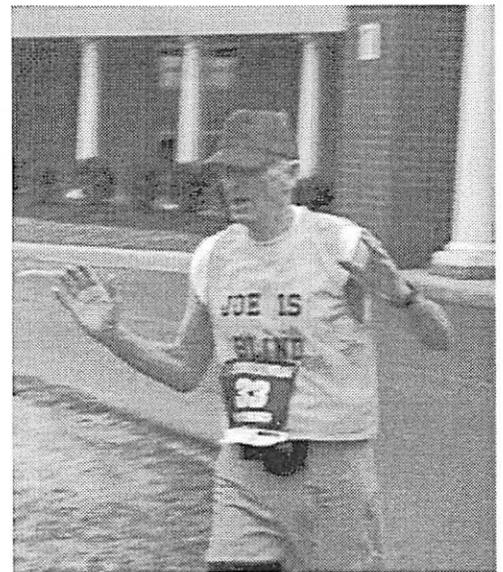
Alfredo Contreras, Merlin Miller, Nate Jones, Eric Ade and Casey Shafer



Judy White, First female 20K



Nate Jones, First male 20K



Joe Ziegler, on his way to taking first in the men's 65-69 20K age division



# Happy Birthday!



4/15 Jim Deitle  
 4/15 Adam Hawks  
 4/15 Cara Likens  
 4/16 Brian Fife  
 4/17 Chrisy Link  
 4/17 Jared Minnick  
 4/19 Lynn B Smith  
 4/21 Lon R Braun  
 4/21 L. Thomas Deal  
 4/23 Anastasi Thrush  
 4/24 Jerry Diehl  
 4/24 Mitch V Harper  
 4/25 Bud Stiffler  
 4/26 Chad Ware  
 4/26 Rachel Weide  
 4/27 Tracy Brooks  
 4/27 Robert Lawson  
 4/27 Art Obregon  
 4/29 Gary L Bird  
 5/1 Nancy Boyer  
 5/3 Tim Dooley  
 5/4 Stephen Woenker  
 5/4 James H Wright  
 5/5 Malone Burris

5/5 Sara Stevens  
 5/7 Mike Cole  
 5/8 Thomas Wagner  
 5/9 Toby Jo Hullinger  
 5/11 Terry Parker  
 5/12 Nancy Burris  
 5/12 Jeff Ford  
 5/12 Haley Nelson  
 5/14 Thomas Boyer  
 5/14 Joseph Dimarzio  
 5/15 Cathy Hawks  
 5/15 John Mclaughlin  
 5/16 Laury Farrell  
 5/16 Tim First  
 5/16 Patti Jaspersen  
 5/17 Carol Weide  
 5/17 Jim Weide  
 5/19 Bill Ryan  
 5/20 Polly Jacobs  
 5/22 Kyle Milleman  
 5/23 Andy Haxton  
 5/25 Andrew Nelson  
 5/26 Hannah Michel  
 5/28 Julie Edgell

5/29 Santiago Marinez  
 5/30 Jason Sagan  
 6/1 Michael Mcmanus  
 6/2 John Peterson  
 6/3 Danielle Green  
 6/3 Ian Rolland  
 6/5 Abe Deitle  
 6/5 Pamela Joachim  
 6/6 Denise Conrad  
 6/6 Stephanie Stang  
 6/6 Matt Suever  
 6/7 Beth Niner  
 6/9 Kim Milleman  
 6/10 Amy Roberts  
 6/11 Jack Ade  
 6/12 Charlie Backofen  
 6/13 Judy White  
 6/15 Dennis Klopfenstein

# PR Training

For questions or concerns call Tammy Behrens at 625-3830 or email

## FWTC MEMBERS

Meet us at the PR Training/FWTC Tent in the rest and recovery area after the Indianapolis Mini Marathon on May 7th! This will be a great way to meet family members and fellow runners following the race.

**Meet at the tent after the race!**

# Indianapolis Mini-Marathon

## FWTC Points Races 2005

1. Fanny Freezer 5K (2/19)
2. Nutri-Run 20K (3/19)
3. Nutri-Run 5 Mile (3/19)
4. Mastodon 5K (4/2)
5. TRRC 12K (5/28)
6. Zoo Run (7/4)
7. Runners on Parade 5K (7/9)
8. Matthew 25 10K (7/16)
9. Harlan Days 10k (8/6)
10. Kernel Classic 5k (8/13)
11. Dupont 5K (9/17)
12. Parlor City ½ Marathon (9/24)
13. Parlor City 10k (9/24)
14. FWO 5K (10/1)
15. Canterbury 5K (10/8)
16. River City Rat Race 10K (10/29)
17. Turkey Trot 5K (11/19)
18. Just Plain 10K (12/3)

## Points Rules For 2005

1. FWTC members must pay dues by March 1<sup>st</sup>. You must be a member by the date of the Nutri-Run to be awarded any points for the current year.
2. Members can earn 100 points for volunteer work at each points race. The maximum that may be earned by volunteering is 200 points. If you volunteer and run the race you earn points for both.
3. Race directors will receive 100 points toward the series points. There will be no maximum points for race directors.
4. Age group placement:
  - a. Age group placement is determined by age as of January 1.
  - b. Under 19, 20-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70 and over.
  - c. Points are awarded for each race based on your age as of January 1.
  - d. If the race has more age groups than the above, participants receive the points as earned. It is possible for more than one participant to earn the same number of points in the same age group. Example: if a race has 60-64 & 65-69 age groups, the 1st place winner in the 60-64 age group gets 100 points and the 1st place winner in the 65-69 age group also gets 100 points. Points are awarded on place compared to other FWTC members.

First place:	100 points	Seventh place:	35 points
Second place:	85 points	Eighth place:	25 points
Third place:	75 points	Ninth place:	15 points
Fourth place:	65 points	Tenth place:	10 points
Fifth place:	55 points	Other finishers:	5 points
Sixth place:	45 points		

5. The top male and female overall and the master male and female award winners will be scored by a separate system based on the top 10 FWTC finishers in the races regardless of age group. New this year it will be age graded in each race. This does not apply to the above points system.

## FWTC Fanny Freezer 5K

February 19, 2005

Overall	Name	City	IN	Age	Time	Pace
1	Adam Kline	Hartford City	IN	18	16:49	5:25/M
2	Rick Hammer	Fort Wayne	IN	24	17:08	5:32/M
3	Jerry Williams Jr.	Fort Wayne	IN	45	17:43	5:43/M
4	Scott Ecclestone	Fort Wayne	IN	43	18:22	5:55/M
5	Michael Henry	Leo IN		41	18:25	5:56/M
6	Jason Osborn	Chesterfield	IN	28	18:36	6:00/M
7	Brandon Smith	Fort Wayne	IN	16	18:40	6:01/M
8	Mike Slaubaugh	Fort Wayne	IN	44	18:42	6:02/M
9	Brad A Thomas	Fort Wayne	IN	30	18:51	6:05/M
10	Brad Altevogt	Fort Wayne	IN	50	18:55	6:06/M
11	Hal Pearson	Albion IN		50	18:57	6:07/M
12	Edward Fisk	Fort Wayne	IN	25	19:08	6:10/M
13	Kyle Minnich	Van Wert Oh		30	19:20	6:14/M
14	Francois Dosne	Fort Wayne	IN	16	19:30	6:17/M
15	John Treleven	Fort Wayne	IN	52	19:30	6:17/M
16	Tyler Atkinson	Hartford City	IN	17	19:34	6:19/M
17	Joe Ryan	Fort Wayne	IN	16	19:41	6:21/M
18	Nolan Richhart	Woodburn IN		25	19:42	6:21/M
19	Steve Leffers	Fort Wayne	IN	44	19:46	6:23/M
20	Jon Lugaire	Hartford City	IN	19	19:57	6:26/M
21	A J Rambo	Decatur IN		14	19:57	6:26/M
22	Anthony Juliano	Fort Wayne	IN	35	19:59	6:27/M
23	Cameron Deford	Fort Wayne	IN	15	20:02	6:28/M
24	Jed Pearson	Columbia City	IN	53	20:12	6:31/M
25	Man Foreman	Fort Wayne	IN	42	20:26	6:35/M
26	Paul Shaffer	Decatur IN		47	20:29	6:36/M
27	Chuck Brown	Bluffton IN		49	20:38	6:39/M
28	Bryan Fodus	Fort Wayne	IN	16	20:40	6:40/M
29	Mark Pace	Fort Wayne	IN	41	20:43	6:41/M
30	Kelly Mahoney	Logansport	IN	35	20:51	6:44/M
31	Ted Van Antwerp	Fort Wayne	IN	43	20:57	6:45/M
32	Joe Savina	Fort Wayne	IN	37	20:59	6:46/M
33	Paul E Knott	Fort Wayne	IN	42	21:00	6:46/M
34	Ken Long	Fort Wayne	IN	54	21:01	6:47/M
35	Bob Bruckner	Fort Wayne	IN	59	21:02	6:47/M
36	Grant Stieglitz	Harlan IN		19	21:13	6:51/M
37	Matt Hayes	Fort Wayne	IN	15	21:16	6:52/M
38	Skip Sunson	Roanoke IN		40	21:19	6:53/M
39	David Swenson	New Haven IN		42	21:21	6:53/M
40	James Mckinnon	Waterloo IN		48	21:26	6:55/M
41	Tammy Behrens	Fort Wayne	IN	34	21:38	6:59/M
42	Michael Peters	Fort Wayne	IN	39	21:40	6:59/M
43	Phil Suelzer	Fort Wayne	IN	53	21:42	7:00/M
44	Ray Casiano	New Haven	IN	61	21:43	7:00/M
45	Alex Barnes	Fort Wayne	IN	15	21:47	7:02/M
46	David Korte	Fort Wayne	IN	41	21:48	7:02/M
47	Judy White	Fort Wayne	IN	46	21:51	7:03/M
48	Jerry Steinhuff	Fort Wayne	IN	50	21:53	7:04/M
49	David Geiger	Chunusco	IN	43	21:55	7:04/M
50	Ciersten Deardorff	Garret IN		13	22:09	7:09/M
51	Betty Funkhouser	Portage IN		47	22:11	7:09/M
52	Jerry Hoff	Roanoke IN		48	22:12	7:10/M
53	Rick Briars	Fort Wayne	IN	34	22:13	7:10/M
54	Bryan McIntyre	Muncie IN		23	22:14	7:10/M
55	Jeff Jones	Fort Wayne	IN	31	22:15	7:11/M
56	Dewain Cobbs	Warsaw IN		62	22:22	7:13/M
57	Roger McGowan	Fort Wayne	IN	19	22:29	7:15/M
58	Kim Doster	Fort Wayne	IN	32	22:32	7:16/M
59	Mark Waldron	Wawaka IN		48	22:33	7:16/M
60	Chris Beck	Fort Wayne	IN	37	22:35	7:17/M
61	Corey Williams	New Haven I	N	31	22:36	7:17/M
62	Alan Woehner	Fort Wayne	IN	36	22:38	7:18/M
63	David Boyer	Fort Wayne	IN	17	22:43	7:20/M
64	Greg Ingermann	Fort Wayne	IN	33	22:51	7:22/M
65	Mike Fream	Fort Wayne	IN	36	22:53	7:23/M
66	Kylec Keuncke	Decatur IN		13	22:55	7:24/M
67	Mark Carrico	Fort Wayne	IN	34	22:56	7:24/M
68	Staci Beiswanger	South Whitley	IN	39	22:57	7:24/M
69	William A Crane	Warsaw IN		62	22:59	7:25/M
70	David Krabach	Bluffton Oh		44	23:10	7:28/M
71	Nathan Grefke	Fort Wayne	IN	26	23:13	7:29/M
72	Jim Pickett	Waterloo IN		55	23:16	7:30/M
73	Jack Seigel	Fort Wayne	IN	59	23:18	7:31/M
74	Kerry Blanchette	Fort Wayne	IN	51	23:19	7:31/M
75	Joe Donnell	Fort Wayne	IN	44	23:22	7:32/M
76	Aaron Ware	Fort Wayne	IN	16	23:30	7:35/M
77	T J Fletcher	Fort Wayne	IN	17	23:34	7:36/M
78	Joe Ziegler	New Haven	IN	69	23:39	7:38/M
79	Linda Anderson	Fort Wayne	IN	43	23:46	7:40/M
80	Kevin Croy	Fort Wayne	IN	48	23:51	7:42/M
81	Jim Bougher	Fort Wayne	IN	42	23:53	7:42/M
82	Aaron Cox	Huntertown	IN	51	23:58	7:44/M
83	Joel Green	Grabill IN		16	24:00	7:45/M
84	Jonathan Harper	Fort Wayne	IN	10	24:02	7:45/M
85	Sheryle Braaten	Hoagland IN		44	24:06	7:46/M
86	Cindy McGovern	Fort Wayne	IN	40	24:10	7:48/M
87	Tom Shearer	Columbia City	IN	52	24:19	7:51/M
88	Sue Steffy	Fort Wayne	IN	38	24:21	7:51/M
89	Carol Harper	Fort Wayne	IN	40	24:22	7:52/M
90	Jennifer Shepherd	Columbia City	IN	24	24:22	7:52/M
91	Thomas Boyer	Fort Wayne	IN	49	24:28	7:54/M
92	John Hamilton	Fort Wayne	IN	45	24:33	7:55/M
93	Brad Basham	Fort Wayne	IN	47	24:39	7:57/M
94	Eric Edmiston	New Haven	IN	14	24:41	7:58/M
95	Nathan Decker	Fort Wayne	IN	25	24:43	7:58/M

# FWTC Fanny Freezer 5K

February 19, 2005

Overall	Name	City	Age	Time	Pace
96	Kirsten Ziembo	Fort Wayne	IN 25	24:44	7:59/M
97	David M Huffman	Fort Wayne	IN 44	24:45	7:59/M
98	Lynn Altevogt	Fort Wayne	IN 16	24:50	8:01/M
99	Leah Sanders	Fort Wayne	IN 18	24:51	8:01/M
100	Joe Astroski	Fort Wayne	IN 48	24:51	8:01/M
101	Cheryl McGowan	Fort Wayne	IN 41	24:53	8:02/M
102	David E Boylan	Fort Wayne	IN 62	24:54	8:02/M
103	Shawn Kelley	Churubusco	IN 12	24:55	8:02/M
104	Phyllis Suelzer	Fort Wayne	IN 51	24:59	8:04/M
105	Stephen M Hilker	Fort Wayne	IN 49	25:07	8:06/M
106	Eric Smith	Fort Wayne	IN 16	25:09	8:07/M
107	Elliot Conrad	Decatur IN	IN 13	25:10	8:07/M
108	James H Wright	Fort Wayne	IN 57	25:11	8:07/M
109	David Drew	New Haven	IN 36	25:15	8:09/M
110	Frank Hunt	Fort Wayne	IN 41	25:18	8:10/M
111	Barb Scroggiam	Fort Wayne	IN 58	25:19	8:10/M
112	Randy Hockemeyer	Decatur IN	IN 38	25:42	8:17/M
113	Phillip Kelley	Churubusco	IN 43	25:46	8:19/M
114	Mary Crane	Warsaw IN	IN 41	25:52	8:21/M
115	Jeff Davis	Fort Wayne	IN 29	25:54	8:21/M
116	John David Mcpherson	Fort Wayne	IN 52	25:55	8:22/M
117	Dan Grotrian	Fort Wayne	IN 40	25:57	8:22/M
118	Michael Clendenen	New Haven	IN 50	26:03	8:24/M
119	Chad Ware	Fort Wayne	IN 37	26:08	8:26/M
120	Denise Conrad	Decatur IN	IN 43	26:14	8:28/M
121	Amy Archbold	Fort Wayne	IN 32	26:16	8:28/M
122	Terry Anderson	Fort Wayne	IN 51	26:20	8:30/M
123	Terri Gross	Fort Wayne	IN 49	26:21	8:30/M
124	Rich Stephenson	Monroeville	IN 58	26:22	8:30/M
125	Lucas McGowan	Fort Wayne	IN 13	26:27	8:32/M
126	Austin Asler	Fort Wayne	IN 13	26:53	8:40/M
127	Maicela Stroud	Fort Wayne	IN 27	26:55	8:41/M
128	Noel Hlavaty	Fort Wayne	IN 24	27:01	8:43/M
129	Ryan Gravelin	Fort Wayne	IN 15	27:02	8:43/M
130	Joe Bennett	Fort Wayne	IN 46	27:06	8:45/M
131	Steve Edmiston	New Haven	IN 46	27:06	8:45/M
132	Mitch V Harper	Fort Wayne	IN 48	27:09	8:45/M
133	Aaron York	Fort Wayne	IN 32	27:13	8:47/M
134	Laura Donnell	Fort Wayne	IN 12	27:16	8:48/M
135	Joel Lugo	Fort Wayne	IN 29	27:17	8:48/M
136	Ryan Hilton	Fort Wayne	IN 30	27:17	8:48/M
137	Kim Fett	Fort Wayne	IN 31	27:20	8:49/M
138	Bernie Huesing	Fort Wayne	IN 72	27:21	8:49/M
139	Lou Huynh	Fort Wayne	IN 16	27:24	8:50/M
140	Shelli Sinpkins	Columbia City	IN 12	27:25	8:51/M
141	Tony Casto	Fort Wayne	IN 36	27:25	8:51/M
142	Michael Wolfe	Fort Wayne	IN 35	27:29	8:52/M
143	Chelsey Hartman	Columbia City	IN 12	27:34	8:54/M
144	Tamara Wright	Fort Wayne	IN 46	27:36	8:54/M
145	James Rankin	Warsaw IN	IN 50	27:38	8:55/M
146	Dana Budd	New Haven	IN 50	27:40	8:55/M
147	Dave Matchette	Fort Wayne	IN 43	27:43	8:56/M
148	Wayne Wells	Butler IN	IN 28	27:44	8:57/M
149	Josh Baxter	Fort Wayne	IN 19	27:45	8:57/M
150	Kim Larsen	Fort Wayne	IN 43	27:46	8:57/M
151	Michelle Fields	Fort Wayne	IN 24	27:47	8:58/M
152	Steve Memahon	Fort Wayne	IN 41	27:51	8:59/M
153	Neil Gustin	New Haven	IN 38	27:53	9:00/M
154	Lea Walker	Fort Wayne	IN 38	27:55	9:00/M
155	Tom Digate	Fort Wayne	IN 52	28:01	9:02/M
156	Scott Boughton	Fort Wayne	IN 25	28:07	9:04/M
157	Anel Zadic	Fort Wayne	IN 15	28:15	9:07/M
158	Dawn Davis	Fort Wayne	IN 28	28:30	9:12/M
159	Ashley I Henry	Fort Wayne	IN 18	28:49	9:18/M
160	Stacey Rider	Fort Wayne	IN 19	28:49	9:18/M
161	Lori Fehlinger	Fort Wayne	IN 27	29:08	9:24/M
162	Karen Gillie	Fort Wayne	IN 33	29:11	9:25/M
163	Sam Gillie	Fort Wayne	IN 34	29:13	9:25/M
164	Lynn T Bobay	Fort Wayne	IN 53	29:17	9:27/M
165	Bob Loomis	Monroeville	IN 72	29:18	9:27/M
166	Leisa Hyde	Fort Wayne	IN 32	29:20	9:28/M
167	Sandy Junk	Fort Wayne	IN 31	29:24	9:29/M
168	Tom Wuest	Fort Wayne	IN 41	29:24	9:29/M
169	Melissa Walda	Fort Wayne	IN 27	29:37	9:33/M
170	Robert Dorion	Fort Wayne	IN 38	29:40	9:34/M
171	Debra Meuter	Fort Wayne	IN 40	29:44	9:35/M
172	Helen Ryan	Fort Wayne	IN 53	29:45	9:36/M
173	Jen Evers	Fort Wayne	IN 27	29:53	9:38/M
174	John Richards	Auburn IN	IN 35	30:06	9:43/M
175	Robert Lawson	Fort Wayne	IN 57	30:22	9:48/M
176	Mona Sproat	Fort Wayne	IN 51	30:25	9:49/M
177	Cheryl Stromski	Antwerp Oh	IN 49	30:27	9:49/M
178	Mike Walker	Fort Wayne	IN 35	30:28	9:50/M
179	Mark H Smith	Corunna IN	IN 37	30:30	9:50/M
180	Josh Ware	Fort Wayne	IN 11	30:31	9:51/M
181	Mandy Smith	Corunna IN	IN 12	30:33	9:51/M
182	Carlos Lugo	Fort Wayne	IN 24	30:34	9:52/M
183	Stefani Schnyder	Fort Wayne	IN 33	30:43	9:55/M
184	Grace Burris	Auburn IN	IN 11	31:00	10:00/M
185	Greg Buuck	Fort Wayne	IN 40	31:10	10:03/M
186	Sook- Ja H Hansen	Fort Wayne	IN 57	31:11	10:04/M
187	Nancy Burris	Auburn IN	IN 38	31:19	10:06/M
188	Brent Burris	Auburn IN	IN 38	31:19	10:06/M
189	Nancy Boyer	Fort Wayne	IN 53	31:26	10:08/M
190	Diane Hauntz	Fort Wayne	IN 31	31:30	10:10/M

# FWTC Fanny Freezer 5K

February 19, 2005

Overall	Name	City	Age	Time	Pace
191	Jonathan E Schlatter	Fort Wayne	IN 48	31:37	10:12/M
192	Susan Okleshen	New Haven	IN 45	31:37	10:12/M
193	Vicki Dominguez	Huntington	IN 48	31:38	10:12/M
194	Brooke Lyons	Fort Wayne	IN 27	31:58	10:19/M
195	Jamie Brunson	Fort Wayne	IN 27	32:20	10:26/M
196	Tom Fuelling	Fort Wayne	IN 54	32:28	10:28/M
197	Joan Gary	Fremont IN	IN 68	32:38	10:32/M
198	Trenton Boyle	Huntertown	IN 8	32:55	10:37/M
199	Alan Boyle	Huntertown	IN 42	32:55	10:37/M
200	Carol Brown	La Fontaine	IN 39	33:12	10:43/M
201	Scott Alpin	Fort Wayne	IN 42	33:15	10:44/M
202	Kalissa Blanchette	Fort Wayne	IN 17	33:32	10:49/M
203	Dennis Doyle	Fort Wayne	IN 55	33:41	10:52/M
204	Alan Billings	Fort Wayne	IN 50	33:42	10:52/M
205	Megan Sliger	Fort Wayne	IN 16	33:45	10:53/M
206	Don Anderson	Fort Wayne	IN 77	33:51	10:55/M
207	Marlin Short	Wauseon Oh	IN 56	33:53	10:56/M
208	Dave Wilkening	Fort Wayne	IN 49	33:56	10:57/M
209	Kenny Clime	Hicksville OH	IN 43	34:09	11:01/M
210	Bridget Clements	Fort Wayne	IN 31	34:50	11:14/M
211	Donald Landley	Fort Wayne	IN 61	35:38	11:30/M
212	William Clark	Fort Wayne	IN 69	35:41	11:31/M
213	John A Hill	Fort Wayne	IN 37	36:34	11:48/M
214	Betty Greider	Fort Wayne	IN 44	36:41	11:50/M
215	Regina Blanchette	Fort Wayne	IN 50	37:08	11:59/M
216	Bill Arich	Fort Wayne	IN 54	37:59	12:15/M
217	Tina Abtham	Grass Creek	IN 31	39:39	12:47/M
218	Laura Morris	Fort Wayne	IN 42	39:42	12:48/M
219	Angie Ryan	Huntertown	IN 25	39:52	12:52/M
220	Nichole Gilg	Fort Wayne	IN 25	39:54	12:52/M
221	Tami Wuest	Fort Wayne	IN 37	40:22	13:01/M
222	Amy Stephan	Fort Wayne	IN 27	40:22	13:01/M
223	Kenneth E Disler	Fort Wayne	IN 82	40:30	13:04/M
224	Ralph Piercy	Grabill IN	IN 39	46:55	15:08/M
225	Miranda Piercy	Grabill IN	IN 12	48:46	15:44/M
226	Cherrita Tatnall	Fort Wayne	IN 29	48:48	15:45/M
227	Angie Benjamin	New Haven	IN 28	48:48	15:45/M
228	Jan Arich	Fort Wayne	IN 51	52:07	16:49/M
229	Mike Thomas	Markle IN	IN 60	52:08	16:49/M
230	Scott Stroud	Fort Wayne	IN 34	54:03	17:26/M
231	Steve Fehlinger	Fort Wayne	IN 34	54:06	17:27/M
232	David Gensheimer	Fort Wayne	IN 46	55:22	17:52/M

Results By Fort Wayne Track Club

# FWTC Nutri-Run 5 Mile

March 19, 2005

Place	Name	City	Group	Place	Time	Pace
1	Tanner Johnson	Huntington IN	1	M 14-16	30:39	6:08/M
2	Sam Weitzel	Fort Wayne IN	1	M 17-19	31:05	6:13/M
3	Casey Johnson	Fort Wayne IN	1	M 14-16	31:34	6:19/M
4	Brian Goodspeed	Fort Wayne IN	2	M 17-19	31:36	6:19/M
5	Daniel Etzcorn	Fort Wayne IN	3	M 17-19	31:43	6:21/M
6	Brandon Smith	Fort Wayne IN	2	M 14-16	31:57	6:23/M
7	Jason Osborn	Chesterfield IN	1	M 25-29	32:11	6:26/M
8	Mark Herber	Roanoke IN	3	M 14-16	32:27	6:29/M
9	Gary Gregg	Lagrange IN	1	M 40-44	32:35	6:31/M
10	Blaine Kinsey	Huntington IN	4	M 14-16	33:39	6:44/M
11	Gregory Dunn	Fort Wayne IN	5	M 14-16	33:39	6:44/M
12	Francois Dosne	Fort Wayne IN	6	M 14-16	33:47	6:45/M
13	Bryce Mills	Fort Wayne IN	4	M 17-19	33:59	6:48/M
14	Joshua Young	Huntington IN	5	M 17-19	34:25	6:53/M
15	Brett Rahner	Fort Wayne IN	7	M 14-16	34:26	6:53/M
16	Tammy Behrens	Fort Wayne IN	1	F 30-34	34:48	6:58/M
17	Bryan Fadus	Fort Wayne IN	8	M 14-16	34:56	6:59/M
18	Kurt White	Fort Wayne IN	6	M 17-19	34:59	7:00/M
19	Chris Adang	Fort Wayne IN	1	M 30-34	35:11	7:02/M
20	Dewayne Mendez	Fort Wayne IN	2	M 30-34	35:14	7:03/M
21	Ciersten Deardorff	Garrett IN	1	F 0-13	35:15	7:03/M
22	Mark A Mays	Fort Wayne IN	3	M 30-34	35:25	7:05/M
23	Kyle Hoos	Fort Wayne IN	9	M 14-16	35:58	7:12/M
24	Jonathan Dyar	Huntington IN	10	M 14-16	36:02	7:12/M
25	John Rajca	Muncie IN	1	M 45-49	36:10	7:14/M
26	Courtney Raypole	Columbia City IN	1	F 14-16	36:12	7:14/M
27	Bob Bruckner	Fort Wayne IN	1	M 55-59	36:16	7:15/M
28	Skip Stinson	Roanoke IN	1	M 40-44	37:13	7:27/M
29	Chad Ward	Fort Wayne IN	7	M 17-19	37:20	7:28/M
30	Katharine Lindeman	Fort Wayne IN	2	F 14-16	37:35	7:31/M
31	Mark Waldron	Wawaka IN	2	M 45-49	38:07	7:37/M
32	Staci Beiswanger	South Whitley IN	1	F 35-39	38:09	7:38/M
33	Steve Martinsky	Huntington IN	4	M 30-34	38:14	7:39/M
34	David Geiger	Churubusco IN	2	M 40-44	38:17	7:39/M
35	Joe Patterson	Fort Wayne IN	1	M 50-54	38:21	7:40/M
36	Amy Roberts	Fort Wayne IN	1	F 17-19	38:25	7:41/M
37	Alex Barnes	Fort Wayne IN	11	M 14-16	38:43	7:45/M
38	Ray Casiano	New Haven IN	1	M 60-64	39:20	7:52/M
39	Andrea Kropf	Roanoke IN	1	F 30-34	39:34	7:55/M
40	Kylee Keuneke	Decatur IN	2	F 0-13	39:39	7:56/M
41	Kristen S Gillon	Muncie IN	1	F 45-49	39:45	7:57/M
42	Jack Seigel	Fort Wayne IN	2	M 60-64	39:52	7:58/M
43	Cindy Megovern	Fort Wayne IN	1	F 40-44	39:56	7:59/M
44	Dave Nelson	Ft Wayne IN	3	M 45-49	39:59	8:00/M
45	Linda Anderson	Fort Wayne IN	2	F 40-44	40:22	8:04/M
46	Brian Loucks	Fort Wayne IN	1	M 35-39	40:22	8:04/M
47	Kiersten Alexander	Fort Wayne IN	2	F 17-19	40:56	8:11/M
48	Jessica Hayes	Fort Wayne IN	1	F 25-29	41:05	8:13/M
49	Howard J Klinger	Fort Wayne IN	2	M 50-54	41:05	8:13/M
50	Jim Bougher	Fort Wayne IN	3	M 40-44	41:08	8:14/M
51	Wei Chen	Fort Wayne IN	2	M 25-29	41:19	8:16/M
52	Ted Snavely	Silver Lake IN	4	M 45-49	41:28	8:18/M
53	Jill Bause	Fort Wayne IN	2	F 30-34	41:30	8:18/M
54	Mike Thurston	Fort Wayne IN	2	M 35-39	41:30	8:18/M
55	Mitch V Harper	Fort Wayne IN	5	M 45-49	41:45	8:21/M
56	Alison Park	Fort Wayne IN	3	F 30-34	41:49	8:22/M
57	David E Boylan	Fort Wayne IN	3	M 60-64	41:52	8:22/M
58	David Whitcomb	Hoagland IN	5	M 30-34	42:01	8:24/M
59	Bruce Gardner	Fort Wayne IN	3	M 35-39	42:13	8:27/M
60	Paul McGinnis	Fort Wayne IN	4	M 40-44	42:25	8:29/M
61	Joe Astroski	Fort Wayne IN	6	M 45-49	42:32	8:30/M
62	Bill Landgraf	Fort Wayne IN	6	M 30-34	42:52	8:34/M
63	Tracey Brown	Warren IN	4	M 35-39	42:58	8:36/M
64	Anita O'reilly	Ft Wayne IN	1	F 45-49	43:09	8:38/M
65	Freeman Hershberger	Goshen IN	1	M 65-69	43:18	8:40/M
66	Amy Archibold	Fort Wayne IN	4	F 30-34	43:19	8:40/M
67	Cherie Clark	Fort Wayne IN	2	F 25-29	43:24	8:41/M
68	Nishantha Gunawardhana	Ft Wayne IN	5	M 35-39	43:52	8:46/M
69	Tony Cronk	Fort Wayne IN	7	M 30-34	44:02	8:48/M
70	Aaron Lybarger	Fort Wayne IN	3	M 25-29	44:07	8:49/M
71	Melissa Emery	Avilla IN	5	F 30-34	44:09	8:50/M
72	Tierra Mccagg	Fort Wayne IN	3	F 14-16	44:30	8:54/M
73	Dartyl Cargo	Fort Wayne IN	5	M 40-44	44:35	8:55/M
74	Shawnee Batterbee	Fort Wayne IN	2	F 35-39	45:30	9:06/M
75	Julie Hoffman	Fort Wayne IN	6	F 30-34	45:52	9:10/M
76	Marj Lybarger	Fort Wayne IN	3	F 25-29	45:53	9:11/M
77	John Peterson	Fort Wayne IN	2	M 55-59	45:58	9:12/M
78	Diana Kohrman	Marietta GA	1	F 60-64	46:14	9:15/M
79	Aaron York	Fort Wayne IN	8	M 30-34	46:20	9:16/M
80	Dave Matchette	Fort Wayne IN	6	M 40-44	46:50	9:22/M
81	Katrina Loucks	Fort Wayne IN	7	F 30-34	47:15	9:27/M
82	Abigail Creigh	Fort Wayne IN	4	F 25-29	47:16	9:27/M
83	Susan Palleschi	Fort Wayne IN	5	F 25-29	48:02	9:36/M
84	Sally Thomas	Ossian IN	1	F 50-54	48:04	9:37/M
85	Brian Lerner	Indianapolis IN	1	M 20-24	48:05	9:37/M
86	Tom Digate	Fort Wayne IN	3	M 50-54	48:24	9:41/M
87	Mike Stein	Fort Wayne IN	4	M 50-54	48:30	9:42/M
88	Bernie Huesing	Fort Wayne IN	1	M 70-99	48:36	9:43/M
89	Claire Weir	Fort Wayne IN	3	F 40-44	48:40	9:44/M
90	Bob Patras	Toronto OH	5	M 50-54	49:03	9:49/M
91	Bob Kohrman	Marietta GA	4	M 60-64	49:19	9:52/M
92	Rich Stephenson	Monroeville IN	3	M 55-59	49:37	9:55/M
93	Doug Breedon	Roanoke IN	7	M 45-49	49:57	9:59/M
94	Robert C Loomis	Monroeville IN	2	M 70-99	50:01	10:00/M
95	Sook- Ja H Hansen	Fort Wayne IN	1	F 55-59	50:17	10:03/M

# FWTC Nutri-Run 5 Mile

March 19, 2005

Place	Name	City	Group	Place	Time	Pace
96	Steve Edmiston	New Haven IN	8	M 45-49	50:42	10:08/M
97	Brian Waterman	Fort Wayne IN	9	M 30-34	51:22	10:16/M
98	Joel Harter	Fort Wayne IN	7	M 40-44	51:53	10:23/M
99	Elizabeth Scheer	Huntington IN	2	F 45-49	52:02	10:24/M
100	Joe Berghoff	Fort Wayne IN	12	M 14-16	52:47	10:33/M
101	Angela Karalson	Hicksville OH	8	F 30-34	52:58	10:36/M
102	Stefani Schnyder	Fort Wayne IN	9	F 30-34	53:10	10:38/M
103	Lynn T Bobay	Fort Wayne IN	6	M 50-54	53:12	10:38/M
104	Courtney Waterman	Fort Wayne IN	10	F 30-34	53:31	10:42/M
105	Jeff Encksson	Fort Wayne IN	9	M 45-49	53:40	10:44/M
106	Karen Kirby	Fort Wayne IN	3	F 35-39	54:24	10:53/M
107	Connie Gordon	Churubusco IN	4	F 40-44	54:46	10:57/M
108	Ben Adams	Fort Wayne IN	6	M 35-39	55:12	11:02/M
109	Nancy Boyer	Fort Wayne IN	2	F 50-54	56:16	11:15/M
110	Dawn Holtmeyer	Fort Wayne IN	11	F 30-34	56:43	11:21/M
111	Scott Holtmeyer	Fort Wayne IN	7	M 35-39	56:43	11:21/M
112	Nicole Hunt	Fort Wayne IN	12	F 30-34	57:01	11:24/M
113	Sara Simpson	Fort Wayne IN	4	F 35-39	57:16	11:27/M
114	Robert Lawson	Fort Wayne IN	4	M 55-59	57:30	11:30/M
115	Bobt Rasmussen	Fort Wayne IN	2	F 60-64	57:59	11:36/M
116	Serenive Petnas	Chicago IL	6	F 25-29	1:01:46	12:21/M
117	Tammy Mccagg	Fort Wayne IN	5	F 35-39	1:06:58	13:24/M
118	Kenneth E Disler	Fort Wayne IN	3	M 70-99	1:08:10	13:38/M
119	Betty Greider	Fort Wayne IN	5	F 40-44	1:10:00	14:00/M
120	Natalie Stein	Fort Wayne IN	1	F 20-24	1:11:22	14:16/M
121	Benjamin Skipper	Warsaw IN	1	M 0-13	1:16:01	15:12/M
122	Michael Skipper	Warsaw IN	8	M 40-44	1:16:01	15:12/M
123	Diana Witzeman	Fort Wayne IN	3	F 50-54	1:16:23	15:17/M
124	Jim Witzeman	Fort Wayne IN	7	M 50-54	1:16:23	15:17/M
125	Martha Hernandez	Fort Wayne IN	4	F 50-54	1:26:51	17:22/M
126	Tracy Skipper	Warsaw IN	6	F 35-39	1:26:52	17:22/M
127	Joann Woodward	Fort Wayne IN	3	F 60-64	1:30:11	18:02/M
128	Carla Brames	New Haven IN	6	F 40-44	1:30:11	18:02/M

## Results By Fort Wayne Track Club



The FWTC Scoring Team, Tom Landis, Randy Metzger, and Bill Sohaski, processing results in real time from the AMB chip system at the Nutri-Run

# FWTC Nutri-Run 20K

March 19, 2005

Place	Name	City	Age Group	Time	Pace
1	Nate Jones	Lagrange IN	1 M 25-29	1:08:56	5:33/M
2	Eric Ade	Fort Wayne IN	1 M 25-29	1:10:25	5:40/M
3	Casey Shafer	Bluffton IN	1 M 20-24	1:11:20	5:45/M
4	Merlin Miller	Shippshewana IN	2 M 25-29	1:14:59	6:03/M
5	Sam N Bird	Columbia City IN	1 M 15-19	1:16:08	6:08/M
6	Matt Carney	Fort Wayne IN	1 M 30-34	1:18:12	6:18/M
7	Kurt Walborn	Fort Wayne IN	1 M 40-44	1:20:21	6:28/M
8	Buff Dormeier	Fort Wayne IN	1 M 35-39	1:20:56	6:31/M
9	Mike Slaubaugh	Fort Wayne IN	1 M 40-44	1:21:11	6:33/M
10	Michael Henry	Fort Wayne IN	2 M 40-44	1:23:10	6:42/M
11	Hai Pearson	Albion IN	1 M 50-54	1:23:50	6:45/M
12	Brad A Thomas	Fort Wayne IN	2 M 30-34	1:24:33	6:49/M
13	Edward Fisk	Fort Wayne IN	3 M 25-29	1:25:58	6:56/M
14	John Treleven	Fort Wayne IN	2 M 50-54	1:26:39	6:59/M
15	Joe Savina	Fort Wayne IN	2 M 35-39	1:29:03	7:11/M
16	Tim Claxton	Fort Wayne IN	3 M 40-44	1:29:24	7:12/M
17	Jed Pearson	Columbia City IN	3 M 50-54	1:29:58	7:15/M
18	Joe Thomas	Fort Wayne IN	3 M 30-34	1:30:51	7:19/M
19	Kim A Lefever	Columbia City IN	1 M 45-49	1:31:14	7:21/M
20	Kelly Mahoney	Logansport IN	3 M 35-39	1:31:27	7:22/M
21	Paul Sturm	Fort Wayne IN	4 M 40-44	1:31:41	7:23/M
22	Todd Seiman	Fort Wayne IN	4 M 50-54	1:32:54	7:29/M
23	Anthony Juliano	Fort Wayne IN	4 M 35-39	1:33:20	7:31/M
24	Mark Pace	Fort Wayne IN	5 M 40-44	1:33:28	7:32/M
25	James Mckinnon	Waterloo IN	2 M 45-49	1:34:20	7:36/M
26	Judy White	Fort Wayne IN	1 F 45-49	1:34:21	7:36/M
27	Mark Beals	Fort Wayne IN	6 M 40-44	1:34:38	7:38/M
28	Rod Wilson	Avilla IN	7 M 40-44	1:35:53	7:44/M
29	Craig Rimlinger	Fort Wayne IN	4 M 25-29	1:35:55	7:44/M
30	Bob Worrel	Fort Wayne IN	3 M 45-49	1:35:56	7:44/M
31	Matt Scott	Warsaw IN	5 M 35-39	1:35:57	7:44/M
32	Jerry Steinhoff	Fort Wayne IN	5 M 50-54	1:36:52	7:48/M
33	Dave Reichwage	Fort Wayne IN	1 M 55-59	1:38:24	7:56/M
34	Joe Ziegler	New Haven IN	1 M 65-69	1:39:25	8:01/M
35	David Boyer	Fort Wayne IN	2 M 15-19	1:39:37	8:02/M
36	Megan Yoder	Indianapolis IN	1 F 25-29	1:39:59	8:03/M
37	Angela Derkoshon	Fort Wayne IN	1 F 35-39	1:40:02	8:04/M
38	Thomas Wheeler	Fort Wayne IN	8 M 40-44	1:41:16	8:10/M
39	Mohan Rao	Fort Wayne IN	9 M 40-44	1:41:46	8:12/M
40	Rod Burton	Fort Wayne IN	6 M 35-39	1:42:10	8:14/M
41	Tom Hardin	Roanoke IN	7 M 35-39	1:42:38	8:16/M
42	Mark Carrico	Fort Wayne IN	8 M 35-39	1:42:46	8:17/M
43	Mike Elise	Fort Wayne IN	9 M 35-39	1:42:51	8:17/M
44	Kyle Bolin	Fort Wayne IN	5 M 25-29	1:43:14	8:19/M
45	Amy Hile	Fort Wayne IN	1 F 40-44	1:43:37	8:21/M
46	Rick Panning	Angola IN	2 M 55-59	1:44:03	8:23/M
47	Jim Pickett	Waterloo IN	3 M 55-59	1:44:32	8:25/M
48	Doug Ulmer	Leo IN	6 M 50-54	1:44:39	8:26/M
49	E Hans Schmidt	Columbia City IN	10 M 40-44	1:44:58	8:27/M
50	Mike Fream	Fort Wayne IN	10 M 35-39	1:45:44	8:31/M
51	Chuck Zumbrun	Churubusco IN	4 M 45-49	1:46:01	8:33/M
52	David Korte	Fort Wayne IN	11 M 40-44	1:46:09	8:33/M

# FWTC Nutri-Run 20K

March 19, 2005

Place	Name	City	Age Group	Time	Pace
53	Erin Brady	Fort Wayne IN	1 F 30-34	1:46:13	8:34/M
54	Mike Colligan	Fort Wayne IN	12 M 40-44	1:46:34	8:35/M
55	David Goff	Bloomington IN	2 M 20-24	1:46:58	8:37/M
56	Rebecca Hollenbaugh	South Whitley IN	2 F 30-34	1:47:06	8:38/M
57	Bob Michel	Fort Wayne IN	4 M 55-59	1:47:14	8:38/M
58	Sam Gillie	Fort Wayne IN	4 M 30-34	1:48:31	8:45/M
59	Sheryle Braaten	Hoagland IN	1 F 45-49	1:48:42	8:46/M
60	Kerry Blanchette	Fort Wayne IN	7 M 50-54	1:49:53	8:51/M
61	Larry Jackson	Fort Wayne IN	13 M 40-44	1:50:00	8:52/M
62	William Cook	Fort Wayne IN	14 M 40-44	1:50:16	8:53/M
63	Bernie Burgette	Fort Wayne IN	1 M 60-64	1:50:53	8:56/M
64	Mark Didler	Fort Wayne IN	15 M 40-44	1:50:59	8:57/M
65	Fred Ross	Warsaw IN	2 M 60-64	1:52:50	9:06/M
66	Scott Aldrich	Auburn IN	11 M 35-39	1:53:34	9:09/M
67	Randy Hammond	Leo IN	5 M 45-49	1:54:42	9:15/M
68	David M Huffman	Fort Wayne IN	16 M 40-44	1:54:52	9:15/M
69	John David Mepherson	Fort Wayne IN	8 M 50-54	1:55:27	9:18/M
70	Amy Stephan	Fort Wayne IN	2 F 25-29	1:55:37	9:19/M
71	Steve Zacher	Fort Wayne IN	17 M 40-44	1:57:16	9:27/M
72	Carl Hardin	Roanoke IN	3 F 30-34	1:57:23	9:28/M
73	Mary Beth Johnson	Columbia City IN	4 F 30-34	1:57:31	9:28/M
74	Carla Ferretti-Hoover	Roanoke IN	2 F 35-39	1:58:28	9:33/M
75	Marvin Eady Jr	Fort Wayne IN	18 M 40-44	1:59:09	9:36/M
76	Vanessa Schoon	Columbia City IN	3 F 25-29	1:59:38	9:38/M
77	Eric Baker	Huntington IN	5 M 30-34	1:59:39	9:38/M
78	John Hamilton	Fort Wayne IN	6 M 45-49	2:00:05	9:41/M
79	Phillip Kelley	Churubusco IN	19 M 40-44	2:00:28	9:42/M
80	Rachel Dodge	Roanoke IN	1 F 15-19	2:01:29	9:47/M
81	Matthew Akins	Leo IN	12 M 35-39	2:01:58	9:50/M
82	David L Winters	Huntington IN	5 M 55-59	2:03:50	9:59/M
83	Dan Barnes	Fort Wayne IN	6 M 55-59	2:07:54	10:18/M
84	Linda Mackey	Fort Wayne IN	1 F 50-54	2:08:35	10:22/M
85	Johni Rasmussen	Fort Wayne IN	3 M 60-64	2:10:52	10:33/M
86	Debra Krouse	Fort Wayne IN	1 F 40-44	2:10:58	10:33/M
87	Jennifer Savage	Warsaw IN	5 F 30-34	2:11:35	10:36/M
88	Sabrina Mason	Angola IN	1 F 20-24	2:12:26	10:40/M
89	Mark Mason	Angola IN	3 M 20-24	2:12:26	10:40/M
90	Kimberly Brown	Fort Wayne IN	3 F 35-39	2:15:48	10:57/M
91	Helen Ryan	Fort Wayne IN	2 F 50-54	2:16:00	10:58/M
92	Susan Markey	Fort Wayne IN	2 F 45-49	2:19:34	11:15/M
93	Susan Peterson	Albion IN	3 F 50-54	2:23:15	11:33/M
94	Sue Megrew	Fort Wayne IN	3 F 45-49	2:27:09	11:51/M
95	Patricia Crawford	Fort Wayne IN	2 F 40-44	2:27:09	11:51/M
96	Thomas Edwards	Harlan IN	7 M 45-49	2:27:52	11:55/M
97	Jay Hancy	Huntington IN	7 M 55-59	2:28:00	11:56/M

Results By Fort Wayne Track Club

## Landis Tool Grinding, Inc.



CNC Grinding



Shipping Address  
2155 E. Business 30  
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Billing Address  
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Email LTG541TL@MSN.COM

Tom Landis

# Fort Wayne Track Club Member Profile

The Inside Track Newsletter would like to hear from our FWTC Members! Please fill out this profile form and return to : FWTC Newsletter, P.O. Box 11703, Fort Wayne IN 46860, or email us at newsletter@fwtc.org. We would like to hear from as many members as possible.

Name: \_\_\_\_\_

Occupation: \_\_\_\_\_

Birthdate: \_\_\_\_\_

Family: \_\_\_\_\_

Pets: \_\_\_\_\_

Hobbies or Interests: \_\_\_\_\_

Favorite family activities: \_\_\_\_\_

Running shoe brand: Years running/walking \_\_\_\_\_

Favorite distance to run/walk: PR: \_\_\_\_\_

Favorite after racing/training food: \_\_\_\_\_

Favorite place to train: Favorite race: \_\_\_\_\_

Why do you run/walk: \_\_\_\_\_

Favorite item of clothing: \_\_\_\_\_

Favorite movie or TV Program, or book : \_\_\_\_\_

Favorite music: \_\_\_\_\_

Collections: \_\_\_\_\_

Favorite vacation destinations: \_\_\_\_\_

Most prized possession: \_\_\_\_\_

Has there been an inspiration to your running/walking? If so, explain: \_\_\_\_\_

\_\_\_\_\_

Do you have a dream? If so, explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Races from 04/01/2005 to 08/20/2005

*Available on-line at [www.ftwc.org](http://www.ftwc.org)*

L - Local race in the Ft. Wayne area, R - Regional Race Outside the Fort Wayne Area, P - FWTC Points race.

Apr 02, 2005 8am Sat	R	<b>Chicago Lakefront George Cheung Memorial Race - 50 KM</b> Lakefront, Chicago, IL <i>Contact:</i> Stuart Schulman, 2800 N Lake Shore Dr #2808, Chicago, IL 60657, 773-477-9112 <i>Info/Fees:</i> Seven hour time limit, USATF certified course <i>Email:</i> infochicagoultra.org <i>Web site:</i> <a href="http://www.chicagoultra.org">http://www.chicagoultra.org</a>
Apr 02, 2005 9am Sat	LP	<b>IPFW Mastodon Stomp - 5K Run/Walk &amp; 1M Kids Run</b> IPFW, Fort Wayne, IN <i>Contact:</i> Judy Tillapaugh, 2101 Coliseum Blvd E, Ft Wayne IN 46805, 260-481-6647 <i>Info/Fees:</i> \$12 pre-3/30, \$15 >3/30; \$5 for all students. Proceeds to Benefit IPFW X-C and Track Teams. Additional donations will be accepted. <i>Email:</i> tillapau@ipfw.edu <i>Web site:</i> <a href="http://www.ftwc.org/MastodonStompFlier[1].pdf">http://www.ftwc.org/MastodonStompFlier[1].pdf</a>
Apr 09, 2005 6:15am Sat	R	<b>13th Annual Bull Run Run 50 Miler - 50 Miles</b> Bull Run and Occoquan Rivers Civil War theme, Clifton, VA <i>Info/Fees:</i> Bi-directional single track trails out and back loop onrolling hills, 13 hour time limit, <i>Email:</i> dirtyschooze@yahoo.com <i>Web site:</i> <a href="http://www.vhrtc.org/brr/">http://www.vhrtc.org/brr/</a>
Apr 10, 2005 8am Sun	R	<b>29th Annual Glass City Marathon - 26.2M</b> Toledo, OH <i>Contact:</i> Ed O'Reilly, 419-360-3709 <i>Web site:</i> <a href="http://www.wearinthegreen17@aol.com">http://www.wearinthegreen17@aol.com</a>
Apr 10, 2005 Sun 7:30am	R	<b>Valpo Mini-Marathon - 13.1 Miles</b> Vaparaiso, IN <i>Contact:</i> Cara Graiger, 219-617-6506 <i>Info/Fees:</i> \$40-Pre, \$45-Race Day <i>Email:</i> ccraiger@yahoo.com <i>Web site:</i> <a href="http://valpominiemarthon.com">http://valpominiemarthon.com</a>
Apr 10, 2005	R	<b>Spirit of St.Louis Marathon &amp; Family Fitness Run - 26.2 M &amp; 1/2 Mar &amp; relay &amp; 5K &amp; Kids run</b> StLouis, MO <i>Contact:</i> 314-727-0800 <i>Info/Fees:</i> Discounts for early entry: Prize Money <i>Email:</i> infospirit@sbcglobal.net <i>Web site:</i> <a href="http://www.stlouismarathon.com">http://www.stlouismarathon.com</a>
Apr 16, 2005 10am Sat	R	<b>Northside Relays</b> Northside High School, Fort Wayne, IN <i>Contact:</i> Keith Scott, 260-447-1144 <i>Info/Fees:</i> Contact FWTC 436-2234 for a number of limited free tickets.
Apr 16, 2005 6am Sat	R	<b>McNaughton Park 30 Mile &amp; 50 Mile Trail Runs - 50K and 50 Miles</b> McNaughton Park, Pekin, IL <i>Contact:</i> Andy Weinberg, 708 Washington St, Pekin, IL 61554, 309-346-3601 <i>Info/Fees:</i> \$40-12/31, \$50-3/27, \$60>, rugged 10 mile loops/Potowatomi Trail <i>Email:</i> aweinberg@pekinhigh.net
Apr 16, 2005 8am Sat	R	<b>Run For Molly - 5K Run/Walk, 5M Run, Half Mile Fun Run</b> Downtown, Madison, IN <i>Contact:</i> Keri Dattilo, 310-993-0325 <i>Info/Fees:</i> \$15-pre, \$20 Race Day. proceeds for the search of Molly Dattilo <i>Email:</i> kdattilo@hotmail.com <i>Web site:</i> <a href="http://dattilofamily.org">http://dattilofamily.org</a>
Apr 16, 2005 9am Sat	RP	<b>Shoe-Sucker Seven - 7.2M trail</b> Kil-So-Quah Campground, Huntington Reservoir, Huntington, IN <i>Contact:</i> Rick Beemer, 5327 W 200 N, Huntington IN 46750, 260-356-6338 <i>Info/Fees:</i> \$10-pre, \$15 race day <i>Email:</i> rickybeemer@yahoo.com

Apr 16, 2005 9am Sat	L	<b>12th Annual St Jude's Spirit Run - 5K Run &amp; 1 Mile Run/Walk</b> St Jude School, Fort Wayne, IN <i>Contact:</i> St Jude School c/o Development Committee, 2130 Pemberton, Fort Wayne, IN 46805, <i>Info/Fees:</i> \$7-Pre, \$10- Race Day
Apr 16, 2005 9am Sat	R	<b>D.IN.O. Trail Run Series - 5K/15K</b> Washington Twp Park, Avon, IN <i>Contact:</i> DINO, LLC, PO Box 36395, Indpls., IN 46236, 317-308-6449 <i>Email:</i> Brian@DINOseries.com <i>Web site:</i> <a href="http://www.DINOseries.com">http://www.DINOseries.com</a>
Apr 16, 2005 Sat 8am	R	<b>Total Fitness Connections 5K - Mini Marathon Pump &amp; Run - 5K Run/Walk &amp; 26.2 Mile</b> Bowling Green, KY <i>Contact:</i> 270-781-6714 <i>Info/Fees:</i> \$20/\$25, bench press graded results <i>Web site:</i> <a href="http://www.FamilyEnrichmentCenter.com">http://www.FamilyEnrichmentCenter.com</a>
Apr 17, 2005 7:30am Sun	R	<b>Bricks to Bricks Ten Miler - 10 Mile Run/Walk</b> Franklin Twp Middle School, Indpls, IN <i>Contact:</i> Ken Long, 994 N Combs Rd, Greenwood IN 46153, 317-884-4001 <i>Info/Fees:</i> \$14 -Pre, \$8-No shirt, \$10-Race Day No shirt <i>Email:</i> klong@kenlongassoc.com <i>Web site:</i> <a href="http://www.kenlongassoc.com">http://www.kenlongassoc.com</a>
Apr 18, 2005 Noon – Mon	R	<b>109th Boston Marathon - 26.2 Miles</b> Boston, MA <i>Web site:</i> <a href="http://baa.org">http://baa.org</a>
Apr 23, 2005 8am Sat	R	<b>Heartbeats - 5K Run/Walk</b> Parkview Whitley Hospital, Columbia City, IN <i>Contact:</i> Gary Bird, 670 West Keiser Road, Columbia City, IN 46725, 260-244-4408 <i>Info/Fees:</i> \$12-pre & \$15 race day <i>Email:</i> garylbird@earthlink.net <i>Web site:</i> <a href="http://RunIndiana.com">http://RunIndiana.com</a>
Apr 23, 2005 9am	R	<b>26th Annual Noblesville Kiwanis Spring Run - 15K &amp; 2M Fun Run</b> Noblesville Middle School, Noblesville, IN <i>Contact:</i> Noblesville Sunrisers Kiwanis, PO Box 492, Noblesville IN 46061, <i>Info/Fees:</i> \$15 -Pre, \$20-Race Day <i>Email:</i> PCBrattain@aol.com
Apr 23, 2005 Sat 8:30am	R	<b>500 Festival Training Series - 15K</b> Indpls, IN <i>Contact:</i> 317-614-MINI <i>Info/Fees:</i> \$15 race day <i>Web site:</i> <a href="http://www.500festival.com">http://www.500festival.com</a>
Apr 23, 2005	R	<b>Spotlight On Nursing Run &amp; Walk - 15K Run, 5K competitive walk, 5K family run</b> Inpls, IN <i>Web site:</i> <a href="http://www.kenlongassoc.com">http://www.kenlongassoc.com</a>
Apr 24, 2005 8am Sun	R	<b>Running Fit Trail Marathon - 13.1 &amp; 26.2 Miles Trails</b> Pickney State Park, Ann Arbor, MI <i>Contact:</i> 734-769-5675 <i>Info/Fees:</i> Pre-\$30, Race Day-\$40 <i>Email:</i> randy@runningfit.com <i>Web site:</i> <a href="http://www.runningfit.com">http://www.runningfit.com</a>
Apr 30, 2005 7:30am Sat	R	<b>Kentucky Derby Mini Marathon &amp; Meijer Marathon - 26.2 &amp; miniMarathon</b> Louisville, KY <i>Contact:</i> Kentucky Derby Festival, Inc, 502-584-6383 <i>Web site:</i> <a href="http://www.derbyfestivalmarathon.com">http://www.derbyfestivalmarathon.com</a>
Apr 30, 2005 9am Sat	L	<b>MS Walk - 5 miles</b> Headwaters Park, Fort Wayne, IN <i>Contact:</i> National MS, 7301 Georgetown Rd, Suite 112, Indy, IN 46268, 1-800-FIGHT-MS <i>Web site:</i> <a href="http://msindiana.org">http://msindiana.org</a>

Apr 30, 2005 Sat	R	<b>Country Music Marathon – 26.2 &amp; 13.1</b> Centennial Park, Nashville, TN <i>Contact:</i> 800-311-1255 <i>Info/Fees:</i> Over 50 bands, 28 Cheer Teams, Run Music City <i>Web site:</i> <a href="http://www.cmmarathon.com">http://www.cmmarathon.com</a>
Apr 30, 2005	R	<b>The Z Run &amp; Walk - 5K Run &amp; 5K Walk</b> Zionsville Middle School, Zionsville, IN <i>Web site:</i> <a href="http://www.kenlongassoc.com">http://www.kenlongassoc.com</a>
May 01, 2005 2:45pm Sun	L	<b>18th Annual Victim Rights Run/Walk - 2 Miles</b> Foster Park, Fort Wayne, IN <i>Contact:</i> Bea Williams-Tevis, 1320 E Creighton St, Fort Wayne, IN 46803, 260-427-5232 <i>Email:</i> <a href="mailto:bea.williams-tevis@ci.ft-wayne.in.us">bea.williams-tevis@ci.ft-wayne.in.us</a>
May 01, 2005 6:30am Sun	R	<b>7th Annual Flying Pig Marathon - 26.2 Miles</b> Cincinnati, OH <i>Contact:</i> Cinnanati Marathon, Inc, 644 Linn St Suite 626, Cincinnati, OH 45203, 513-721-7447 <i>Web site:</i> <a href="http://www.flyingpigmarathon.com">http://www.flyingpigmarathon.com</a>
May 07, 2005 6:30pm Sat	R	<b>Fort Wayne One Mile - One Mile</b> Foster Park, Fort Wayne, IN <i>Contact:</i> Brian Shepherd, 700 Westfield Dr, Ligonier, IN 46767, 260-894-4638 <i>Info/Fees:</i> \$5-Pre, \$6-Race Day
May 07, 2005 7:30am Sat	R	<b>2005 29th Annual Indpls 500 Mini-Marathon - 13.1 Miles &amp; 5K-entries closed -1/31 Good Luck!</b> Downtown Indpls, Indpls, IN <i>Contact:</i> Jeff Graves, PO Box 6, Indpls, IN 46206, 1-800-638-4296 <i>Info/Fees:</i> \$40-\$50, 25,000 entries limit ; AT&T Wireless 5K, 8:25am, 3,000 limit, <i>Email:</i> <a href="mailto:raceinfo@500festival.com">raceinfo@500festival.com</a> <i>Web site:</i> <a href="http://www.500festival.com/mini/index.cfm">http://www.500festival.com/mini/index.cfm</a>
May 07, 2005 8am Sat	R	<b>Mayfest Road &amp; Trail Run - 5K, 1M walk, kids fun run</b> Shipshewana Town Park, Shipshewana, IN <i>Contact:</i> Lyle Bontrager, 6250 N 550 W, Shipshewana, IN 46565, 260-562-9286 <i>Info/Fees:</i> \$10-Pre, \$12 Race Day <i>Email:</i> <a href="mailto:runshipshewana@hotmail.com">runshipshewana@hotmail.com</a>
May 13, 2005 Sun 8am	R	<b>RRCA 48th Annual Convention - Gospel &amp; Blues 5K</b> New Orleans, LA <i>Contact:</i> New Orleans Track Club, 504-467-8626 <i>Web site:</i> <a href="http://www.runNOTC.org">http://www.runNOTC.org</a>
May 14, 2005 6am Sat	R	<b>Ice Age Trail Run - 50 Miles&amp; 50K</b> Kettle Moraine State Forest, La Grange, WI <i>Info/Fees:</i> Entry deadline 5/8, limit to 600 entries <i>Email:</i> <a href="mailto:iceagetrail50@aol.com">iceagetrail50@aol.com</a> <i>Web site:</i> <a href="http://www.iceagetrail50.com">http://www.iceagetrail50.com</a>
May 14, 2005 8am Sat	R	<b>28th Fifth Third River Bank Run - 25K &amp; 5K Run/Walk</b> Downtown +9000 participants, Grand Rapids, MI <i>Contact:</i> 616-771-1590 <i>Info/Fees:</i> Pre-\$23, Teams-\$75, USATF National Championship, 3,000 volunteers, 26,000 spectators <i>Email:</i> <a href="mailto:runinfo@riverbankrun.com">runinfo@riverbankrun.com</a> <i>Web site:</i> <a href="http://www.53riverbankrun.com">http://www.53riverbankrun.com</a>
May 15, 2005 1:30pm Sun	L	<b>Arthritis Foundation Walk - 1 &amp; 3 Mile Walk</b> Foster Park, Fort Wayne, IN <i>Contact:</i> Ginger Dodd, Arthritis Foundation Director, (260) 672-6570. <i>Info/Fees:</i> Registration beginning at 12 noon, Pavilion 2. Interested teams please contact Ginger Dodd at the number above for a packet. Donation.
May 15, 2005 3pm Sun	L	<b>SBA Academy 5K - 5K Run/Walk</b> Weisser Park, Fort Wayne, IN <i>Contact:</i> Weisser Park Youth Center, Fort Wayne Parks & Recreation, 802 Eckart St., Fort Wayne IN 46806, 260-427-6780 <i>Info/Fees:</i> Pre-\$4-Students, \$8-Adults; Race Day-\$5-Students, \$10-Adults. Fundraiser for the SBA

May 21, 2005 8:30am Sat	R	<b>Families Forever Ministries - 5K Run/Walk</b> Shadyside Park, Anderson, IN <i>Contact:</i> Jim Ott, 1-877-641-4462 <i>Info/Fees:</i> \$8 -runners, \$5-walkers <i>Email:</i> papajim46044@yahoo.com <i>Web site:</i> <a href="http://www.little500.org">http://www.little500.org</a>
May 21, 2005 9am Sat	R	<b>10th Annual Run for Fun for Leukemia &amp; Lymphoma Society - 5K &amp; 10K</b> Kosciusko County FairGrounds, Main Entrance, Warsaw, IN <i>Contact:</i> Bill Crane, 827 S Union St, Warsaw, IN 46580-4703, 574-268-1236 or 888-268-1236 <i>Info/Fees:</i> NEW LOW ENTRY FEE _Pre-\$6 before 1/1, \$8 before 3/1, \$9 after 3/1, \$5 ea add'l immediate family, \$10-Race Day, Awards: Top 2 Male/Female,top three finishers in 12 age groups. <i>Email:</i> runcrane@hotmail.com
May 21, 2005 9am Sat	R	<b>Run with the Foxes - 13.1m/10m/10k/5k trails</b> Morgan-Monroe State Park, Martinsville, IN <i>Contact:</i> HHC, Box 1327, Martinsville, IN 46151, 765-349-0204 <i>Info/Fees:</i> \$10-Pre <i>Email:</i> hikers@scican.net <i>Web site:</i> <a href="http://www/hoosierhikerscouncil.org/Trail_Race_Info/run_with_foxes.shtml">http://www/hoosierhikerscouncil.org/Trail_Race_Info/run_with_foxes.shtml</a>
May 21, 2005	R	<b>1st Annual Head for the Cure - 5K Fun Run/Walk</b> West Park, Carmel, IN <i>Contact:</i> FWTC - JP Jones 260-745-9724 or email senojpj@skynet.net, 1-800-886-2282 <i>Email:</i> info@abta.org
May 22, 2005 Sun 7am	R	<b>Cellcom Green Bay Marathon - 3.1-13.1 - 26.2 mile - Kid's Run</b> Greenbay, WI <i>Contact:</i> 1-800-889-1859 <i>Info/Fees:</i> \$55-Pre, \$65- after 5/1; 7.5 hour time limit <i>Web site:</i> <a href="http://www.cellcomgreenbaymarathon.com">http://www.cellcomgreenbaymarathon.com</a>
May 27, 2005 Fri	L	<b>Kids Track Meet – 3rd, 4th &amp; 5th graders</b> Northrup, Fort Wayne, IN <i>Contact:</i> Phil Suelzer,
May 28, 2005 Sat 6am	R	<b>Mission on the Muscatatuck Adventure Race - Foot, bike,&amp; canoe race</b> Muscatatuck County Park, North Vernon, IN <i>Info/Fees:</i> 18 hr adventure race <i>Email:</i> Brian@DINOseries.com <i>Web site:</i> <a href="http://www.DINOseries.com">http://www.DINOseries.com</a>
May 28, 2005	LP	<b>TRRC - 12K</b> Fort Wayne, IN <i>Contact:</i> 260-459-3668 <i>Web site:</i> <a href="http://www.3riversrunning.com">http://www.3riversrunning.com</a>
May 30, 2005 9am Mon	R	<b>Memorial Day Trail Run Extreme - 10K (X-C)</b> Imagination Glen, Portage, IN <i>Contact:</i> Jeff Emmons, 219-763-7370 <i>Email:</i> JLE1991@aol.com
May 30, 2005 Mon 7:30am	R	<b>26TH Mercedes-Benz Cotton Row Run - 10K - 5K - 1 Mile Fun Run</b> Huntsville, AL <i>Contact:</i> Huntsville Track Club, Jim Oaks, 256-536-1603 <i>Info/Fees:</i> \$10/\$25 - \$10,000 prize Money <i>Email:</i> jaaoaks@aol.com <i>Web site:</i> <a href="http://www.huntsvilletrackclub.org">http://www.huntsvilletrackclub.org</a>
May 30, 2005 Mon	R	<b>The Great Race - 5K/10K masters/Half-marathon</b> Various locations, Elkhart, IN <i>Contact:</i> Ron Schmanske, P.O. Box 682, Elkhart, IN, (219) 296-5890 or 296-5862
Jun 04, 2005 6am Sat	R	<b>2004 Sunburst Marathon - Mar,Half Mar, 10K, 5K, &amp; Walk</b> Notre Dame 50 yard Line, South Bend, IN <i>Contact:</i> Liz Peralta, 574-284-3394 <i>Email:</i> sunburstraces@aol.com <i>Web site:</i> <a href="http://www.sunburstraces.org">http://www.sunburstraces.org</a>

Jun 04, 2005 9am Sat	R	<b>D.IN.O. Trail Run Series - 5K/15K</b> Town Run Trail Park, Indpls, IN <i>Contact:</i> Brian Holzhausen, 317-308-6449 <i>Email:</i> Brian@DINOseries.com <i>Web site:</i> http://www.DINOseries.com
Jun 11, 2005 7:30am Sat	R	<b>Angola Half-Marathon - 1/2 Mar &amp; 5K Run/Walk</b> City Courthouse Downtown, Angola, IN <i>Contact:</i> Teresa & Paul Furniss, 1065 E 100 N , ANGOLA IN 46703-7202, 260-624-2851 <i>Email:</i> teresafurniss@verizon.net
Jun 11, 2005 9:00am (5K) & 8:30am (1 mile)	R	<b>6th Annual Apache Run - 5K and one mile fun run</b> Fairview High School near Sherwood, OH on US 127 about 5 miles south of Bryan, OH, Sherwood, OH <i>Contact:</i> Curt Foust, 1700 East High St, Apt I-4, Bryan OH 43506, (419) 630-0694 <i>Email:</i> cdfoust@hotmail.com
Jun 11, 2005 9am Sat	R	<b>Lake Mingo Trail Run - 7.1 Miles Trails</b> Kennekuk Cove County Park, Danville, IL <i>Contact:</i> Bub Norgaar, Mingo, PO Box 1701, Danville, IL 61834, 217-431-5318 <i>Info/Fees:</i> Grand Slam Event - Trail run on the difficult Lake Mingo Trail, Post-Race party <i>Email:</i> kennekuk@net66.com <i>Web site:</i> http://users.net66.com/~kennekuk
Jun 11, 2005	R	<b>Hamilton Proper Run &amp; Walk - 10K Run, 5K competitive walk, 5k Family Run</b> Indpls, IN <i>Web site:</i> http://www.kenlongassoc.com
Jun 18, 2005 Fri/Sat/S un	R	<b>2005 Mohican Trail 100 - 100 miles</b> Mohican State Park, Loudenville, OH <i>Contact:</i> Volunteers needed for 5m,10m,35m,75m aid stations., Don Lindley, Don(260)(432-5998)or 436-2234 <i>Info/Fees:</i> Fri Nite Free Pasta Dinner for volunteers <i>Email:</i> lindleyd@infionline.net
Jun 25, 2005 6:00 pm Sat	R	<b>26th Buzzards' Roost - 10K &amp; Fun Run</b> Hamilton Hgts Middle School, Arcadia, IN <i>Contact:</i> Evan Achenbach, 27435 Crooked Creek Rd, Atlanta, IN 46031, 317-984-3019 <i>Info/Fees:</i> \$18-Pre, \$20-Race Day <i>Email:</i> achen@netusa1.net
Jun 25, 2005 9am Sat	R	<b>Twin Sisters Trail Run - 6 Mile Run</b> Westwood Park, New Castle, IN <i>Contact:</i> Christine Casteel, 765-987-8414
Jun 25, 2005 Sat 8 am	R	<b>5th Annual Courthouse Classic - 5K Run &amp; Fun Run for Kids 12 &amp; under</b> Lagrange, IN <i>Contact:</i> Dan Lovell, <i>Info/Fees:</i> \$12-Pre, \$15 Race Day <i>Email:</i> m.drug@mchsi.com
Jul 02, 2005 8am Sat	R	<b>28th Haynes-Apperson 4 Mile Run/ 3 Mile Walk - 4M &amp; 3M</b> Memorial Gymnasium, Central Middle School, Kokomo, IN <i>Contact:</i> Mark Shorter, Club Kokomo, 2936 Congress Dr, Kokomo, IN 46902, 765-455-2283 <i>Email:</i> Mark@ckrr.us <i>Web site:</i> http://www.ckrr.us
Jul 02, 2005 9am Sat	R	<b>D.IN.O. Trail Run Series - 5k/15K</b> Muscatatuck Park, North Vernon, IN <i>Contact:</i> Brian Holzhausen, 317-308-6449 <i>Email:</i> Brian@DINOseries.com <i>Web site:</i> http://www.DINOseries.com
Jul 16, 2005 8:30am Sat	L	<b>Bruin Alumni/Open - 5K/1M @8:00am</b> Shoaff Park, Fort Wayne, IN <i>Contact:</i> Barrie Peterson, 260-637-5717 <i>Info/Fees:</i> No Pre-registration, race day only: \$10 FWTC; \$15 Non-Members; \$5 Alumni & HS or younger <i>Email:</i> barrie@myvine.com

Jul 16, 2005 July 16th-17th	R	<b>Hoosier 200 Relay - 200 miles</b> Evansville IN to Bloomington IN, <i>Contact:</i> Jamie & Jason Feagans, 812-824-6728 <i>Info/Fees:</i> Teams will consist of up to 12 runners with 2-6 runner teams considered <i>Email:</i> jasonfeagans@yahoo.com <i>Web site:</i> <a href="http://www.hoosier200.com">http://www.hoosier200.com</a>
JULY 26 thru JULY 31		<b>USATF NATIONAL JUNIOR OLYMPIC TRACK &amp; FIELD</b> IUPUI - MICHAEL CARROLL TRACK, INDPLS, IN
Jul 30, 2005 9am Sat	R	<b>STEVE'S RUN - 10K &amp; 5K Race 5K Competitive Walk &amp; 1K Fun Run</b> Dowagiac, Dowagiac, MI <i>Contact:</i> Ron Gunn, Southwestern Michigan , 58900 Cherry Grove Rd, Dowagiac, MI 49047, <i>Email:</i> rgunn@swmich.edu
Jul 30, 2005 Sat	R	<b>DINO Adventure Triathlon - 0.5 mile swim, 10 Mile bike, 4 mile Run</b> Logansport, IN <i>Email:</i> Brian@DINOseries.com <i>Web site:</i> <a href="http://www.DINOseries.com">http://www.DINOseries.com</a>
Jul 30, 2005	R	<b>Paul Otis Goble Run &amp; Walk - 8K Run &amp; Walk</b> Morristown, IN <i>Web site:</i> <a href="http://www.kenlongassoc.com">http://www.kenlongassoc.com</a>
Aug 06, 2005 8am Sat	L	<b>Summit City Triathlon or Duathlon - Tri-1.5K,40K,10K &amp; Dua-5K,40K,5K</b> Hurshtown Reservoir, Spencerville2, IN <i>Contact:</i> Geoff Wiadecki, 260-456-2904 <i>Info/Fees:</i> \$45-Individual, \$72 – Teams <i>Web site:</i> <a href="http://www.3rvs.com">http://www.3rvs.com</a>
Aug 06, 2005	R	<b>2nd Annual Run for the Son - 5K Run &amp; Walk</b> LaFontaine, IN <i>Contact:</i> Connie Gamble, pres. Beyond the Finish Run Club, 175 N Miami Rd Fs Est, 765-384-7109 <i>Info/Fees:</i> \$15, benefits CASA of Grant County <i>Email:</i> CGamble@chsmail.org
Aug 13, 2005 7am Sat	R	<b>Howl at the Moon 8 Hour Run &amp; Walk - 3.29 mile loop</b> Kennekuk Cove County Park, Danville, IL <i>Contact:</i> Marc Reddy, PO Box 1701, Danville, IL 61834, 217-431-4243 <i>Info/Fees:</i> A perfect event for your first ultra. Post-race party w/food, drink, & music <i>Email:</i> krr@kennekuk.com <i>Web site:</i> <a href="http://www.kennekuk.com">http://www.kennekuk.com</a>
Aug 20, 2005 9am Sat	R	<b>D.IN.O. Trail Run Series - 5K or 15K</b> Doin't Outdoor, Richmond, IN <i>Contact:</i> Brian Holzhausen, 317-308-6449 <i>Email:</i> Brian@DINOseries <i>Web site:</i> <a href="http://www.DINOseries">http://www.DINOseries</a>

## **Fort Wayne Orthopaedics Supports FWTC!**

Track club members are eligible for preferential appointment times at Fort Wayne Orthopedics (FWO). If an injury occurs, call Peter Paonessa at 436-6326, and let him know you are a member of the FWTC. He will get you an appointment scheduled with a sports medicine specialist. There is also a hotline available for injury-related questions. Call Greg at 438-2225.

# FWTC MEMBERSHIP APPLICATION

Name: \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_ Sex \_\_\_\_\_

Address: \_\_\_\_\_ Home Phone \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Work Phone \_\_\_\_\_

E-mail address: \_\_\_\_\_

Occupation: \_\_\_\_\_ Business Affiliation: \_\_\_\_\_

Type of Membership: Single: \_\_\_ Family: \_\_\_ New Member: \_\_\_\_\_ Renewal: \_\_\_\_\_

Family Members:

Spouse: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Sex: \_\_\_\_\_

Children: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Sex: \_\_\_\_\_

Children: \_\_\_\_\_ Birthdate: \_\_\_\_\_ Sex: \_\_\_\_\_

Make checks out to: Fort Wayne Track Club, PO Box 11703, Fort Wayne, IN 46860-1703

## ***ANNUAL MEMBERSHIP DUES: January 1—December 31***

One year: \$16 Two Years: \$28 Three Years: \$36

New Members: first year only \$12 If you join during the year you pay as follows: 100%-Jan., Feb., Mar  
Members under 21: \$12 75%-Apr., May, Jun..  
Family rates: \$4 for ea. add'l family member (\$8- max) 50%-Jul., Aug., Sep.  
125%-Oct., Nov., Dec..

The Fort Wayne Track Club has obtained an insurance policy through the Road Runners Club of America which gives coverage for various events. Through this insurance we are covered for weekly runs, picnics, socials, and volunteers at races and other club functions. Please sign a waiver if you have not already done so. The waiver will be kept on file. \$1.25 of your annual dues goes to the RRCA for your subscription to the quarterly magazine, FootNotes, that you receive as a member of the Road Runners Club of America.

## **CLUB MEMBERSHIP APPLICATION WAIVER**

I agree for myself, and any other person named on this application, that: I know that running and volunteering to work in club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, Fort Wayne Track Club, and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record for any legitimate purpose. I understand and will abide by the guidelines that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets are not allowed in club races.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parents Signature(if under age 18) \_\_\_\_\_ Date: \_\_\_\_\_

# Fort Wayne Track Club Means Volunteers!



The Fort Wayne Track Club is run by volunteers. You can help! Please indicate your area(s) of interest and get involved today!

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

- Board Member
- Race Director                       Assistant Race Director
- Races
  - Finish Line                                       Course Setup
  - Timing     Aid Stations
  - Applications     Transportation
  - Advertising/Promotions                               Results
- Equipment Coordinator  
    Timing equipment, finish line, course markers
- Newsletter  
    Production, Editing, Graphics, Articles, Photos, Advertising
- Website  
    Maintenance, Graphics, Articles, Photos, Email, Advertising
- Membership
- FWTC Banquet
- Advertising/Promotions (race sponsors, flyers)
- Anywhere
- Other: \_\_\_\_\_

Show your support for your Fort Wayne Track Club

Mail this form to Fort Wayne Track Club P.O. Box 11703  
Fort Wayne, IN 46860-1703

Or contact any board member!

2005

# Fort Wayne Track Club Officers and Board Members



### Officers

<b>President:</b>	Mike Fruchey	627-5147	frucheym@ipfw.edu
<b>Vice President:</b>	Barrie Peterson	637-5717	barrie@myvine.com
<b>Treasurer:</b>	Don Lindley	432-5998	lindleyd@infionline.net
<b>Secretary:</b>	Ann Mize	672-3783	anna.mize@att.net

### FWTC Board Members

Tammy Behrens	625-3830	behrens@infionline.net
Bill Harris	657-5012	bharr2000@aol.com
Stephen Hilker	434-1119	smhilker@verizon.net
James P. Jones	745-9724	senojpj@skyenet.net
Mac McAvoy	260-824-5158	clanmac@adamswells.com
Bill Sohaski	749-5081	sohaski@aol.com
Phil Suelzer	486-1745	tri_kerl@yahoo.com
Judy Tillapaugh	456-3277	tillapau@ipfw.edu
Judy White	672-1470	whitejudy2@aol.com

### FWTC Coordinators

**Marketing & Promotion Coordinator**  
Amy Stephan 471-3107 amy\_stephan@hotmail.com

**Point Race Coordinator**  
Tom Landis 693-3526 LTG541TL@msn.com

**Membership Coordinator**  
Don Lindley 432-5998 lindleyd@infionline.net

**Equipment Coordinators**  
JP Jones 745-7339 senojpj@skyenet.net  
Don Lindley 432-5998 lindleyd@infionline.net

**Newsletter**  
Chuck Zumbrun 693-0527 newsletter@fwtc.org

**Website**  
Anthony Juliano 436-7267 ajjuliano@gmail.com

**Race Directors Coordinator**  
Steve Hilker 434-1119 shilker@verizon.net

**Youth Coordinator**  
Phil Suelzer 486-1745 tri\_keri@yahoo.com

### FWTC Board Member Meeting Dates

7:00 PM Wednesday April 13, 2005  
7:00 PM Wednesday May 11, 2005  
7:00 PM Wednesday June 8, 2005  
7:00 PM Wednesday July 13, 2005  
7:00 PM Wednesday August 10, 2005  
7:00 PM Wednesday September 14, 2005  
7:00 PM Wednesday October 12, 2005  
7:00 PM Wednesday November 9, 2005  
7:00 PM Wednesday December 14, 2005

### Membership Dues

There is a membership application in this newsletter. Your dues keep the club running.  
Renew your membership today!

### FWTC Information

Fort Wayne Track Club  
P.O. Box 11703, Fort Wayne, IN 46860-1703  
(260) 436-2234

The FWTC is a member of the RRCA, Club # 23



FWTC NEWSLETTER  
P.O. Box 11703  
Fort Wayne, IN 46860

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